

Preparing for Surgery



This class will provide patients with the information needed to prepare for surgery.

The class is taught by a nurse and physical therapist.

Patients will be given pre-operative instructions, an opportunity to discuss what to expect during the hospital stay and suggestions for a successful recovery after discharge.

Lenox Hill Hospital also offers you the services of an Orthopaedic Nurse Educator.

- It is mandatory that all patients attend a Patient Education Class prior to surgery. At this two-hour class you will be provided with a patient guide to surgery, an over view of the pre-operative process; what to expect during and after surgery; and to help you plan for your discharge home.
- Lenox Hill Hospital will be available to assist you at any time throughout your pre- and post-surgery process.
- The Orthopaedic Nurse Educator can be reached directly at: 646-261-5418.

**Class is on Mondays
and Wednesdays at
2:00pm**

**For more information
please contact:**

Emily Alter, MSN, RN, ONC
ealter@northwell.edu
Amanda Griffiths, BSN, RN
agriffiths1@northwell.edu
Meghan Smith, BSN, RN
msmith3@northwell.edu

212-434-6739

**Lenox Hill Hospital
130 East 77th Street**

Check with the Black Hall security desk for the class location.



Lenox Hill Hospital
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