

Nicholas Institute of Sports Medicine and Athletic Trauma - NISMAT

Located at Manhattan Eye, Ear & Throat Hospital

210 East 64th Street, 5th Floor

New York, NY 10065

Phone: (212) 434-2700

Fax: (212) 434-2687

May 8, 2020

Dear Patient:

We are excited to announce that NISMAT will be reopening our physical therapy facility starting Monday, May 11th. To keep you, our employees, and everyone safe as we reopen, we are following CDC and NYDOH guidelines to implement infection control measures as outlined below.

Face Mask – All individuals must wear a mask or face covering while they are in the building.

Handwashing – Every patient must wash his/her hands prior to their PT session. All clinicians will wear nitrile exam gloves when working with a patient and clean their hands before and after every patient contact.

Cleaning Our Environment – Every surface and equipment which comes into contact with a patient will get cleaned with disinfectant wipes after every use and regularly even when not in use.

Social Distancing – We have rearranged our department so that everyone can maintain appropriate social distancing of 6 feet apart (about 2 arms' length) throughout their time in the department.

Visitation Guidelines – Northwell Health is suspending all patient visitation except for patients for whom a support person has been determined to be essential to the care of the patient (medically necessary).

In addition to the safety measures above, every patient will have their body temperature taken at entry into the building to screen for a fever. If you exhibit any of the following symptoms, you will not be permitted entry into the building: cough, difficulty breathing, fever, chills, muscle pain, headache, sore throat, new loss of taste or smell.

Some individuals are at higher risk for developing serious illness with COVID-19. You are strongly discouraged from coming into physical therapy if any of the following applies: people 65 years and older, people with severe obesity, people who are immunocompromised, people with underlying medical conditions, such as heart conditions, diabetes, kidney disease, liver disease.

We look forward to providing you physical therapy care in a safe environment.

Sincerely,



Takumi Fukunaga, DPT, SCS, ATC, CSCS
Manager of Rehabilitation Services